

## **Don't Take Things Personally: The Secret to Effective Leadership**

Free yourself from the opinions and actions of others, stay peaceful in any situation, take effective action, and inspire your team to excel.

Participants will learn how to:

- Listen openly
- Receive criticism without reacting negatively
- Communicate clearly and effectively
- Stay calm under stress
- Authentically step into their power as leaders, managers and team players.

This lively and interactive talk introduces New York Times bestseller, *The Four Agreements*<sup>®</sup> and focuses on the enigmatic second agreement, Don't Take Anything Personally. Linda invites the audience to examine the stress caused by taking something personally. Then she guides them through an exercise to shift into a totally new perspective that eliminates stress, clears up communication and brings peace. They leave with a simple and powerful tool they can use on their own to shift any challenging moment into a great one.

Clients consistently report that Linda's lively and interactive approach inspires and motivates them to shift whatever stands in their way so they can achieve success in their professional and personal lives.

Testimonials:

"Working with Linda has transformed my life and my business: I have gained confidence and tools to improve myself personally and professionally and reached new heights in my current and new career. Thank you for helping me make the best of a difficult work situation as I continue to see the light and truth inside myself." ~ Mackenzie M., President and CEO

"The effects of our session yesterday are still echoing through me today. I feel an incredible lightness of being." ~ Mike M., President and Television Producer

"Linda's coaching has taught me how to focus on what's essential, work fewer hours, make more money, and be happy!" ~ David H., Mortgage Lender

"I never knew that I could have so much fun leading my company!" ~ Kathy M., Entrepreneur