

Shift Your Perspective and Change your Life: The Power of Your Word

Who is your worst enemy? You are. Does anyone speak to you as harshly as you speak to yourself? Language is your most powerful tool. Learn how to use words to change your inner world and every business relationship.

Participants will learn how to:

- Identify and stop negative thinking patterns
- Speak kindly to themselves and others
- Communicate clearly and directly
- Sharpen their focus
- Make decisions easily
- Shift their outlook in stressful situations
- Solve problems easily and effortlessly
- Create positive change at work and home
- Stay focused and calm in any situation

This lively and interactive talk, based on New York Times bestseller, *The Four Agreements*[®], reveals the power of the word. Linda invites the audience to examine how we unconsciously use language to undermine ourselves, our relationships, our productivity, and our happiness. She teaches them how to shift their point of view and speak impeccably. They leave with a simple tool they can practice on their own to relieve stress, improve communication, solve problems easily and effortlessly, and step into their power as authentic leaders, managers and team players.

Clients consistently report that Linda's authenticity and engaging approach inspires and motivates them to shift whatever stands in their way so they can achieve success in their professional and personal lives.

Testimonials:

"Working with Linda has transformed my life and my business: I have gained confidence and tools to improve myself personally and professionally and reached new heights in my current and new career. Thank you for helping me make the best of a difficult work situation as I continue to see the light and truth inside myself." ~ Mackenzie M., President and CEO

"The effects of our session yesterday are still echoing through me today. I feel an incredible lightness of being."
~ Mike M., President and Television Producer

"Linda's coaching has taught me how to focus on what's essential, work fewer hours, make more money, and be happy!" ~ David H., Mortgage Lender

"I never knew that I could have so much fun leading my company!" ~ Kathy M., Entrepreneur