

The Power of Pause: Speak with Confidence

Facilitated by Linda Landon, ACC



Linda Landon, ACC, is an ICF credentialed business and personal coach, trained recovery coach, certified Speaking Circles® facilitator, master Four Agreements teacher, author, professional speaker and Vistage executive trainer. She mentors business leaders to connect with their inner genius so they can unlock their potential, re-evaluate their priorities, take authentic action and move their businesses to the next level. Linda has more than 25 years experience in coaching, consulting, marketing, and sales, and is the president of Linda Landon & Associates, a Los Angeles-based coaching and training company. She recently published *The Power of Pause: simple meditations for complicated lives*.

Linda's Power of Pause programs integrate principles from *New York Times* bestseller, *The Four Agreements*® and The Release Technique® with her innovative process, The Power of Pause, and mindfulness traditions.

"Linda is, without a doubt, one of the most important advisors upon whom I rely in business and in life. Working with her has made a significant and positive impact on both."

~ Virginia G., CEO, Swell Strategies

"Speak With Confidence has helped me engage an audience spontaneously and authentically, whether it's an group of five or five hundred."

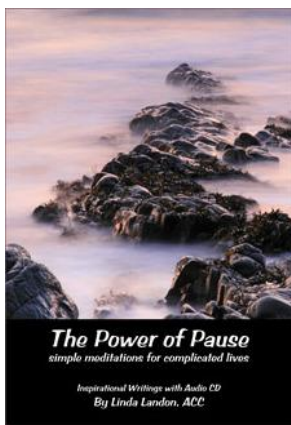
~ Sharon L., Consultant and Speaker

Did you know that most people's number one fear is speaking in front of a group?
Do you sometimes find it difficult to connect with others?

Learn how to have a relaxed and powerful presence that will engage, inspire and motivate anyone listening to you, no matter where you are or what is going on around you. Whether addressing clients, colleagues, employees, or a room full of strangers, ***The Power of Pause: Speak With Confidence*** will help you become a masterful, compelling and confident speaker, and positively impact every aspect of your life.

A Certified **Speaking Circles**® facilitator, Linda Landon will teach you how to bring mindfulness to the practice of public speaking. You will learn how to authentically and immediately connect with your audience - even before a word is spoken, ensuring that your message is seen, heard, delivered and received.

At the end of the training, you will receive a free DVD of yourself speaking in front of the group.



**The Power of Pause:
Speak With Confidence**

**Offered as
On-site Training
at location of your choice
or Six Week Series
in West Los Angeles**

CEUs* available for CA MFTs and LCSWs

**To register, go to
www.lindalandon.com/speaking.htm
or call (310) 202-6722**

*Courses meet CE credit qualifications for MFTs and LCSWs as required by the California Board of Behavioral Sciences (PCF#4033).